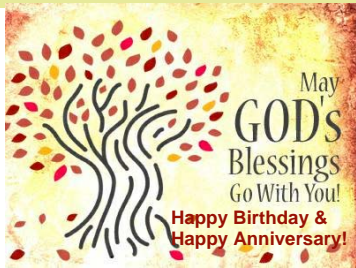


# Be Still and Know that I am God



October 6 **Bob & Marci Bauer**  
 October 7 Bob Schmalz  
 October 10 Zachary Henry  
 October 12 **Scott & Yvonne Gardner**  
**Jesus & Christine Padilla Jr.**



## HEALING

Kathy Williams Marilyn Norleen

*Will Tissue - Sharon reports that Will continues to progress with his stroke recovery and is now in Out-patient Neuro Therapy at Shadelands. Thank you for all the prayers for him.*

Dinah Washington Pearl Gregersen  
 Gloria Enstrom Kramer Collins  
 Marilyn Lyndahl Susie Morgenstern  
 Laura Zellmer Mallory Weiss  
 Harry Howe Mary Helene Wagner  
 Cecily Bartsch Kathy McCarty Schwab  
 Mary Ann McCauley Sharon Tissue

## WELLNESS

Rolf Benseler Ann Brohm  
 Carol Kramer DeLane Riveness

## PEACE / COMFORT

Kitti Colucci Grace Adams

## MILITARY

*Keep our armed forces safe and give them courage, hope and strength.*

Brian Henson Megan Howard  
 Peter & Melanie Kler

## THOSE WHO GRIEVE

*Please keep the Sueoka family in your thoughts and prayers as they grieve the recent passing of their sister-in-law.*

## Sunday, October 6

9:00 am Coffee Bar (in CFM)  
 9:30 am Congregational Worship  
 10:00 am Sunday School (PreK-5th Gr.)  
 10:30 am Coffee Fellowship (in CFM) hosted by Marci and Bob Bauer in celebration of their anniversary! Happy Anniversary!  
 10:45 am KidMin Sunday School Ends  
 11:00 am KCCL Bible Study  
 12:15 pm KCCL Worship

## Monday, October 7

10:30 am AA Meeting CFM  
 11:00 am LARC  
 3:30 pm OMP

## Tuesday, October 8

9:00 am Preschool  
 11:00 am LARC  
 11:00 am Caregiver Coffee  
 5:30 pm BSA Pack Meeting, Gregersen Hall

## Wednesday, October 9

9:00 am Preschool  
 9:30 am 'Sanctuary' Listening Post  
 10:30 am HSCP Chapel  
 11:00 am LARC  
 3:30 pm OMP  
 7:00 pm 'Sanctuary' Listening Post

## Thursday, October 10

Loaves & Fishes, Martinez  
 9:00 am Preschool  
 10:30 am HSCP Chapel  
 11:00 am LARC  
 6:00 pm Canticle Choir  
 7:00 pm Shepherd's Bells

## Friday, October 11

11:00 am LARC

## Saturday, October 12

## Sunday, October 13

9:00 am Coffee Bar (in CFM)  
 9:30 am Congregational Worship  
 10:00 am Sunday School (PreK-5th Gr.)  
 10:30 am Coffee Fellowship (in CFM) hosted by Amanda Chung  
 10:45 am KidMin Sunday School Ends  
 11:00 am KCCL Bible Study  
 12 noon Bible & Lunch Bunch CFM Library. Ruth 3 & 4. Bring your own lunch. Guests and visitors are welcome. Contact person is Janine Crowe.  
 12:15 pm KCCL Worship



*Altar flowers this morning have been given by Bob & Marci Bauer in celebration of their 29<sup>th</sup> wedding anniversary. Happy Anniversary!*

## Upcoming Events

**October 14 - Columbus Day**  
**October 17 - 9:00 a.m.** CFM Women's Bible Study  
**October 23 - Loaves & Fishes, Pittsburg;**  
**9:30 a.m. and also 7:00 p.m.** 'Sanctuary' Listening Post, CFM Conference Room;  
 10:30 a.m. HSCP Pumpkin Patch Field Trip  
**October 28 - 6:00 - 10:00 p.m.** Chromatica Concert Rehearsal, Sanctuary  
**October 30 - 11:30 a.m.** HSCP Halloween Parade, Gregersen Hall;  
 7:00 p.m. CFM Breaking Bread Lecture  
**October 31 - Halloween**  
**November 3 - Daylight Saving Time Ends**  
**3:00 p.m.** Chromatica Concert  
**November 6 - 9:30 a.m. and also 7:00 p.m.** 'Sanctuary' Listening Post, CFM Conference Room  
**November 11 - Veterans Day**  
**November 28 - Thanksgiving Day**



By Sharon Tissue

## GET INVOLVED!

Holy Shepherd Lutheran Church  
 October 6, 2019  
 www.holyshepherd.org  
 Office Hours 8:30 am - 2:00 pm  
 Monday - Thursday  
 Phone 925-254-3422

## Notes from Karen:

*Thank you for all the wonderful things collected for Friendly Manor - the picnic was at a beautiful location along the shore and the ladies had a great time and appreciated all the prizes!*

1. We will again be assisting with Winter Nights at Orinda Community Church - dates are in November this year: Tuesday November 5 - Saturday November 9. **Sign ups TODAY in CFM after worship during coffee fellowship.**
2. Sponsor a Water Bottle!!  
The Winter Nights program would like to be more "green" and quit using individual plastic water bottles for the families - so plan to purchase re-useable water bottles for all family members.  
Please consider sponsoring a water bottle - for a \$10 donation...or sponsor 2 for \$20...or 5 for \$50!! Please write check to Holy Shepherd with WN Water Bottle in the memo line. Thank you so much!
3. BART paper tickets - Winter Nights is able to turn BART paper tickets into money for the clipper cards. Since paper tickets are becoming obsolete, if you have any lying around and would like them to go to a good cause, please put into the offering plate to help Winter Nights! Thanks.
4. We have decided to expand our help to Friendly Manor by providing paper dinner napkins! We will hold a collection now - then when the supply is running low we will hold another collection - ongoing! If you wish to participate, please purchase paper dinner napkins (Dollar Store, Costco, wherever!) And bring to CFM by October 20. There will be a box near the table in the entry. Thanks from your Service Committee.

## LAST BUT NOT LEAST - DENNY & PAULA LOFSTROM'S VISIT

We are searching for housing for Denny & Paula for their visit which will be around the 8th to the 16th of January, 2020. The home must have a ground floor bedroom. If you would love to have them visit - or if your home will be empty during that timeframe and they can use it - please let Karen Kalvass know. Thanks. 925-285-4669 or [krkvolunteer@gmail.com](mailto:krkvolunteer@gmail.com)

Any questions, please call Karen Rose Kalvass 925-285-4669.



**SAVE THE DATE:** Our annual "Share the Warmth" drive will be held on Sunday October 20th: Coats, mittens, scarves, hats, sox, sweaters, sweatshirts, boots, blankets, tents - anything to keep the homeless warm! There will be a pick-up out front of the CFM with signs for the drive!

## Were you born with a musical spirit?

On the first and third Sundays of each month, **Spirit Borne** leads our worship service with a contemporary musical offering that is spirited and spirit-filled. Feeling the call to make a joyful noise with Spirit Borne ... from the front of the church? Be that as a singer or musician, if the spirit so moves you, get in touch with Tom Henry (Spirit Borne director) after service or by emailing him at [thenry321@att.net](mailto:thenry321@att.net). Your participation is welcomed!



Canticle Choir leads worship on the second and fourth Sundays. These services draw on the many resources associated with "traditional Lutheran worship." The orders of service used are often chanted/sung, and the hymns selected are among the great traditional hymns of our Lutheran heritage. Our more traditional services are enhanced by the music of both the Canticle Choir and Shepherd's Bells. (Bethany Valentine directs the Canticle Choir and Julie Hamre directs the Bells. Both Shepherd's Bells and the Canticle Choir rehearse on Thursday evenings in the Sanctuary. The Choir meets at 6:00 p.m. and Bells meet at 7:00 p.m. Please contact the church office if you would like more information about **Canticle Choir or Shepherd's Bells** or would like to become a member of one or both!

## Pastoral Listening Posts

At its recent national Assembly, the Evangelical Lutheran Church in America declared itself a "Sanctuary Denomination" - meaning ours is a church which supports migrants and refugees in our communities through a variety of legal means. While this decision will have no direct impact on our congregation or the ministries we provide, we seek to be attentive to the questions and concerns which a number of HSLC members have raised concerning this declaration. Additionally - as we prepare for a series of national elections in 2020 - we know that questions about immigration, border security, refugees, illegal aliens and sanctuary spaces will be at the heart of political debate across our land.

Pastor John Valentine will be conducting a series of "Listening Post" conversations, so as to better understand:

- your thoughts and feelings regarding the current national debate about immigration and border security,
- the particular challenge which we as Christians face regarding these matters, and
- how our congregation together might best respond to the ELCA's declaration that ours is a 'Sanctuary Denomination'.

These "Listening Post" sessions are scheduled to occur in the Center for Ministry Conference Room at following dates / times.

- Wednesday, October 9th at 9:30 a.m. and again at 7:00 p.m.
- Wednesday, October 23rd at 9:30 a.m. and again at 7:00 p.m.
- Wednesday, November 6th at 9:30 a.m. and again at 7:00 p.m.

Join us for these important conversations as you are able!

**NORTHERN LIGHTS**  
A CELEBRATION OF CHORAL MUSIC FROM  
NORTHERN EUROPEAN COMPOSERS  
PERFORMED BY  
**chromatica**

**David Huff**  
Artistic Director  
Conductor

**Julie Rieth**  
Assistant Director  
Accompanist

**Saturday, November 2 / 7:00 pm**  
Grace Presbyterian Church  
2100 The Valley Blvd., Walnut Creek

**Sunday, November 3 / 3:00 pm**  
Holy Shepherd Lutheran Church  
433 Storage Way, Orinda

**Saturday, November 9 / 7:00 pm**  
Peace Lutheran Church  
3201 Camino Tassajara, Danville

For ticket information  
Visit [www.ChromaticaChorale.org](http://www.ChromaticaChorale.org)

Please see the sign up sheet for the Tuesdays in CFM. Two things needed 1) drive Will to therapy while Sharon is recovering from surgery and 2) meal sign-ups during this difficult time. If you have questions, please speak with Joan Birke.

**VOLUNTEER**  
Sign Up

New email address for Howard Harpham:  
[Howard76harp@aol.com](mailto:Howard76harp@aol.com)

Attendance for Worship Services  
9/29: 63 @ 9:30 a.m.

The weekly news inserts are available on the church's website every week - go to [www.holyshepherd.org](http://www.holyshepherd.org) and click on Weekly News.

Editor: Linda Hudak, [lhudak@holyshepherd.org](mailto:lhudak@holyshepherd.org)