



REJOICE IN YOUR FAITH



Upcoming Events

Today - 12 noon Bible & Lunch Bunch, CFM Library. Book of Ruth, Introduction and Chapters 1 & 2. Textbook is the Bible

September 23 - First Day of Autumn

September 25 - Loaves & Fishes, Pittsburg

September 29 - 11:00 a.m. Semi-annual Congregational Meeting

October 4 - 9:30 a.m. No sew blankets Greger sen Hall - contact Diana Yorgan

October 10 - Loaves & Fishes, Martinez

September 2019						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2019						
S	M	T	W	T	F	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



- September 15 Diana Riveness
- September 17 Pastor Pam
- September 18 Steve Swanback
- September 21 Sally Church
- September 22 **Bob Schwab & Diana Yorgan**
Dave & Nadine Coburn



HEALING

- Kathy Williams Marilyn Norleen
- Will Tissue Dinah Washington
- Gloria Enstrom Kramer Collins
- Marilynn Lyndahl Susie Morgenstern
- Laura Zellmer Mallory Weiss
- Harry Howe Mary Helene Wagner
- Cecily Bartsch Kathy McCarty Schwab
- Mary Ann McCauley

WELLNESS

- Rolf Benseler Ann Brohm
- Carol Kramer DeLane Riveness

PEACE / COMFORT

- Kitti Colucci Grace Adams

MILITARY

- Keep our armed forces safe and give them courage, hope and strength.
- Brian Henson Megan Howard
- Peter & Melanie Kler

FOR THOSE WHO GRIEVE

Janine Crowe's cousins, the Esparza family, on the loss of their mother and grandmother, Josephine Esparza

Sunday, September 15

- 9:00 am Coffee Bar (in CFM)
- 9:30 am Congregational Worship
- 10:00 am Sunday School (PreK-5th Gr.)
- 10:30 am Coffee Fellowship (in CFM) hosted by Chris Chen
- 10:45 am KidMin Sunday School Ends
- 10:50 am Sunday School (Adults)
- 11:30 am Adult Sunday School Ends
- 11:00 am KCCL Bible Study
- 12 Noon Bible & Lunch Bunch, CFM, Bring your lunch.

Monday, September 16

- 10:30 am AA Meeting CFM
- 4:30 pm Orinda Mandarin Program Open House

Tuesday, September 17

- 9:00 am Preschool
- 11:00 am LARC
- 11:00 am Caregiver Coffee
- 6:00 pm BS Pack Meeting
- 7:00 pm Church Council

Wednesday, September 18

- 9:00 am Preschool
- 9:00 am Altar Guild
- 10:30 am HSCP Chapel
- 11:00 am LARC
- 3:30 pm OMP

Thursday, September 19

9:00 am Women's Bible Study CFM; Highlights of the Old Testament, Lesson 1, Introduction and Book of Job. Textbooks are the Joy of Living lesson book and the Bible.

- 9:00 am Preschool
- 9:00 - 4:30 pm Election Training
- 10:30 am HSCP Chapel
- 11:00 am LARC
- 6:00 pm Canticle Choir
- 7:00 pm Shepherd's Bells

Friday, September 20

- 11:00 am LARC

Saturday, September 21

- 1:00 - 5:00 pm GS Skills Class Gregersen Hall

Sunday, September 22

- 9:00 am Coffee Bar (in CFM)
- 9:30 am Congregational Worship
- 10:00 am Sunday School (PreK-5th Gr.)
- 10:30 am Coffee Fellowship (in CFM) hosted by Otto & Yvonne Tschudi
- 10:45 am KidMin Sunday School Ends
- 10:50 am Sunday School (Adults)
- 11:30 am Adult Sunday School Ends
- 11:00 am KCCL Bible Study
- 12 Noon Bible & Lunch Bunch, CFM, Bring your lunch
- 12:15 pm KCCL Worship



GET INVOLVED! By Sharon Tissue

Holy Shepherd Lutheran Church
 September 15, 2019
www.holyshepherd.org
 Office Hours 8:30 am - 2:00 pm
 Monday - Thursday
 Phone 925-254-3422



Sunday School helper:

Preschool, Kindergarten, 1st grade: Alanna Lausch was left off list last Sunday. Thank you, Alanna for helping on Sunday mornings!

Elaine painting the mounts for the banners for the reredos. Thanks Elaine! Mounts constructed by Tom Gilbertson - thanks Tom!



“To everything there is a season, a time for every purpose under heaven.” —Ecclesiastes 3:1

Whether it's leaves changing in your backyard or you changing your clock for Daylight Saving Time, autumn reminds us that nothing stays the same forever. Change is one of the few constants in life, but that's okay. God has perfect timing, and He has a purpose that stretches into eternity.

Thank you for your magnificent prayer coverage, expressions of concern, visits, cards, help and occasionally a meal. We are so blessed by your love. We've gone through Acute Stroke Rehab, Home Health therapists and now ready to start Outpatient Neuro PT, OT, and ST on Sept 18. We also had an anniversary and a birthday (Will's) in August. Will continues to progress. We hope to see you in church soon.

Love,
Sharon and Will



Flowers for HSLC

I want to thank all of those who have bought flowers for our Sunday Services. It always dresses the altar area with a festive feeling...much like having flowers on the dining room table when we dine or celebrate. Our communion each Sunday is a celebration of our Savior Jesus Christ giving His life or body for all of us!

We are buying the flowers at our local Moraga Safeway floral department. We want all of you to know that you are welcome to take the flowers and also enjoy them at home. We usually have a "box" that the flowers have traveled in to the church. Please come into the sacristy after the service and mention that you would like to use it. It really does help control and protect the arrangement during the transportation time.

We also have an issue with reusing the vase. Since we are charged for the vase, we have been returning it & that way it helps to reduce the cost. Floral prices have risen lately & that is helpful at reducing the expense & also not filling our landfill areas with unnecessary waste. If you have any questions or concerns about flowers please discuss this with Altar Guild members or Lisa. Also if you have a special request for your floral arrangement, such as a specific color, please mention this to Lisa. We do try to use flowers that are "in season" as much as possible. Thank you for your support!

Blessings, Elaine Nielsen

LARC Expansion Update These are exciting times for LARC! The LARC Expansion is in it's final stretch! The bulk of the remodel/construction has been completed. Final work on the church restrooms should be done in the next week. We hope to gain County sign-off soon after that.

However, the County sign-off does not clear us for opening the new LARC space for program use.

Once the County clears us for approval of permitted use, we must then get clearance from the MOFD Fire Marshall for approved capacity of our new space for LARC program use. Then, we need California Licensing approval of our space, which will include a detailed inspection of all CA regulated requirements. Along with those steps, we need to have our window blinds installed and our new flooring waxed, before we can move the furnishings into the new space.

The new LARC space was specifically designed to mirror our current space. Wall and floor colorings, as well as room set up, is designed to make both LARC program spaces similar, to help those participants who may attend the program in both spaces. Our color palate is cheery, comforting and welcoming to our folks with dementia.

The Expansion Team is working hard to keep "all the balls in the air" as we move towards opening our new Program as soon as possible.

Once we are able to open, the plan is to have a "soft open" for a Tuesday/Thursday program. We currently have several participants on the wait list for these new program days! Once those days are full and running smoothly we can add additional days of service based on community need.

Our plan is to have a "Grand Opening" celebration event early 2020 which will be a celebration of the expansion as well as a dedication of the space to the Tom Vadnais Family...who generously donated over \$100,000.00 towards this project!

Tom Vadnais was a much loved, long-time LARC participant, who's family donated major funding for the expansion in appreciation of the great impact LARC had on their family. Tom's enrollment at LARC engaged him and enriched his life. Our program gave Tom's wife, Gina, much needed respite, and our Caregiver Support Group sustained her and their sons during their difficult journey with Tom's dementia. Unfortunately, Tom is no longer with us on earth - but he is forever with LARC in spirit! This expansion project would not have been possible without the wildly generous support of the Vadnais family! We look forward to welcoming all donors to our celebration and dedication early next year!

PICNIC TO BE HELD FOR THE FRIENDLY MANOR WOMEN IN LATE SEPTEMBER

Along with a meal, there will be games - and we are looking for the following prizes (new or nearly new):

- costume jewelry
- purses, wallets, backpacks
- scarves (especially pashima)
- reusable water bottles
- gift cards: fast food, Target/Walmart, ac transit, etc (even partially used)

There is a box in the CFM entry identified for Friendly Manor - please drop items prior to **9/20/19**. Thanks for your help! Any questions, please call Karen Rose Kalvass 925.285.4669.

Attendance for Worship Services
9/8: 54 @ 9:30 a.m.

The weekly news inserts are available on the church's website every week - go to www.holyshepherd.org and click on Weekly News.

Editor: Linda Hudak, lhudak@holyshepherd.org