

Transfiguration Sunday



For the Week of March 10, 2019

Read: "Forgiveness" (Matthew 18:15-35)

Recite: "Peter asked Jesus, "...How often should I forgive? As many as seven times?" Jesus said to him, "Not seven times, but I tell you, seventy-seven times." — Matthew 18:21-22

Reflect:

- Think about a time when you were forgiven. How did that feel? Was the relationship repaired?
- Think about a time when you forgave someone. How did that feel? Was the relationship repaired?
- Is it hard or easy to forgive? Is it easy or hard for you to forgive yourself?

Pray: Forgiving God, as you encouraged your people to forgive, you modeled forgiveness by releasing us from our bondage to sin. Help us to forgive others, so that we might live in harmony with all your children. We pray these things in the name of Jesus Christ, our Savior and Lord. Amen.



Our annual daffodil sale to benefit the Friendly Manor shelter is TODAY. The daffodils are \$12 each. Please make checks to St Mary's Center with F.M. Daffodils in memo.

The shelter is a day center for homeless women in Oakland and this fundraiser goes to fund the daily expenses.

If any questions please contact Karen Kalvass 925.285.4669 or krkvolunteer@gmail.com. Thank you!!



Contra Costa Food Bank

If you have canned meat, vegetables, fruit, pasta, rice, beans, etc. that you would like to contribute to the Food Bank, please bring to HSLC and leave in the food barrel in CFM. The Food Bank comes by to pick up donated items. Please no glass, refrigerated items or out-dated food items. Many Thanks.

Holy Shepherd Lutheran Church
March 3, 2019
www.holyshepherd.org
Office Hours 8:30 a.m. - 2:00 p.m.
Monday - Thursday
Phone 925-254-3422

upcoming
EVENTS

CHURCH
 CALENDAR



TODAY - 12 noon - Bible & Lunch Bunch (co-ed); Acts 23 & 24; China Moon Restaurant, 380 Park St., Moraga. Celebration lunch for our guest, Pastor Pam. Please let Janine Crowe know by 3/1 if you will be attending so she can make accurate reservations. Thanks.

March 5 - 6:00 pm, Shrove Tuesday, Pancake Supper

March 6 - Wednesday, 7:00 pm, Ash Wednesday Service

March 7 - 9:00 am Women's Bible Study, CFM, Lesson 24, Acts 28

March 9 - Saturday, 7:00 - 8:30 pm Concert followed by refreshments - Marc Levine and Leslie O'Brien, The Musical Orindans

March 10 - First Sunday in Lent



Don't forget to spring forward one hour

March 12 - Tuesday 7:00 pm PJ's Book Club, CFM

March 14 - Thursday, Loaves & Fishes Martinez

March 20 - First Day of Spring

March 21 - 9:00 am Women's Bible Study, CFM, 1 Thessalonians 1, Lesson 1 - New Study; contact is Janine Crowe.

March 27 - Wednesday, Loaves & Fishes Pittsburg

To God you shall return

The traditional Ash Wednesday words "Remember that you are dust and to dust you shall return" might seem depressing. But in our often death-denying culture, some might find it refreshing to hear the frank statement that we can do nothing to save ourselves, physically or spiritually — that, no matter how we try to avoid sin, we can't untangle ourselves from self-interest. How liberating, then, to know we don't have to! God loves us as we are and sent Jesus to break sin's power over us.



A pastor described Ash Wednesday as the point you can pinch in the middle of a long piece of ribbon, such that when you lift it high, the two ends — one symbolizing our baptism and the other, our funeral — meet and touch. We come from dust and will return to dust, but we also come from God and will return to God. Ash Wednesday reminds us that we're always safe in God's love.

Sunday, March 3

9:00 am Coffee Bar (in CFM)
9:30 am Congregational Worship
10:00 am Sunday School (PreK-5th Gr.)
10:30 am Coffee Fellowship (in CFM) hosted by Sharon Tissue
10:45 am KidMin Sunday School Ends
10:50 am Adult Sunday School
11:00 am KCCL Bible Study
11:30 am Adult Sunday School Ends
12 noon - Bible & Lunch Bunch (co-ed); Acts 23 & 24; China Moon Restaurant, 380 Park St., Moraga. Celebration lunch for our guest, Pastor Pam.

12:15 pm KCCL Worship

Monday, March 4

9:00 am Preschool
11:00 am LARC
10:30 am AA Meeting
3:30 pm Orinda Mandarin Program

Tuesday, March 5

9:00 am Preschool
11:00 am LARC
11:00 am Caregiver Coffee
6:00 pm Pancake Supper, Gregersen Hall

Wednesday, March 6

Loaves & Fishes, Pittsburg
9:00 am Preschool
10:30 am Preschool Chapel
11:00 am LARC
3:30 pm Orinda Mandarin Program
7:00 pm Ash Wednesday Service

Thursday, March 7

9:00 am Women's Bible Study CFM
9:00 am Preschool
10:30 am Preschool Chapel
11:00 am LARC
6:00 pm Canticle Choir
6:00 pm GS Troop Meeting
7:00 pm Shepherd's Bells
7:00 pm Men's Weekly Bible Study, Europa Restaurant, Orinda

Friday, March 8

9:00 am Preschool
11:00 am LARC
7:30 pm KCCL Taize in Chapel

Saturday, March 9

7:00 - 8:30 pm Concert followed by refreshments - Marc Levine and Leslie O'Brien, The Musical Orindans

Sunday, March 10 - 1st Sunday in Lent

9:00 am Coffee Bar (in CFM)
9:30 am Congregational Worship
10:00 am Sunday School (PreK-5th Gr.)
10:30 am Coffee Fellowship (in CFM) hosted by Amanda and Jack Chung
10:45 am KidMin Sunday School Ends
10:50 am Adult Sunday School
11:00 am KCCL Bible Study
11:30 am Adult Sunday School Ends
12:15 pm KCCL Worship



Did you know that Tuesday, **March 5, 2019** is "Pancake Day"? Formally known as 'Shrove Tuesday', Pancake Day is the day immediately preceding Ash Wednesday – the

first day of Lent. Pancake Day is a day for indulgence. Pancake Day is the last day to party before those forty fasting days of Lent which follow on the traditional church calendar. Pancake Day in some parts of the world is known as "Mardi Gras" (Fat Tuesday) or Carnival (that Latin for 'Farewell to Meat!')

In honor of Pancake Day 2019, we're putting on a Pancake Supper in Gregersen Hall. Join us in Gregersen Hall that evening for pancakes (hot off the griddle and cooked by our expert flapjackers!), as well as bacon and sausage and all the traditional fixin's. It's fun. It's frivolous. And it's a great way to enjoy time with folks you know and maybe to get to know some whom you don't know!

Pancakes! March 5th! Shrove Tuesday! Served 6:00 - 7:00 pm! Join us! Bring friends!



I am sorry that the information has been somewhat confusing for the proposed Fellowship Dinners. This only proves how difficult it is to replace our

beloved Henry Kramer!!! Our small committee wants to begin by having an event NOW! So the first event is scheduled for Sunday, **March 17 - St. Patty's Day**. We are blessed to have three people who have offered to have the proposed dinner in their homes. What we now need are joyful people who want to be part of these groups. Many people have said that it is so much more personal to be in homes rather than the larger dinners in Gregersen.

However, if you would find it easier to meet in the Center for Ministry for dinner that is also an option. Childcare will also be offered in Gregersen Hall for those folks who meet in CFM. There is a new sign-up sheet for the **ST. PATRICK'S DAY DINNER** in CFM.

We are also trying to establish the on-going Dinner Groups and there is a sign-up sheet for that also. This has been a wonderful way for our members to have the opportunity to get to know one another - it is something very special to see friends that are more like family!! Normally the groups are made up of 6 or 8 people, who rotate from home to home on a potluck venue. Some of the details can be worked out by each group, so that it meets their expectations and needs. There are always people that find it difficult to host and this can be worked out as the group comes together. Please don't sit in the closet and think no one wants you!!! **You are very much needed!**

Let's come together as people of God and grow as family as we venture forward!

Blessings,

Elaine Nielsen

Editor: Linda Hudak, lkhudak@holyshepherd.org



HEALING

Kathy Williams
Tony Sanchez
Mark Yates
Marilyn Lyndahl
Harry Howe
Laura Zellmer
Henry Kramer
Cecily Bartsch
Pat Tveitmoie

Howard Hansen
Dinah Washington
Kramer Collins
George Kalvass
DeLane Riveness
Mallory Weiss
Mary Ann McCauley
Ann Brohm
Kathy McCarty Schwab

WELLNESS

Grace Adams
Kellen Derrough
Del Hock

Rolf Benseler
Carol Kramer

PEACE / COMFORT

Kitti Colucci

Dottie Russell

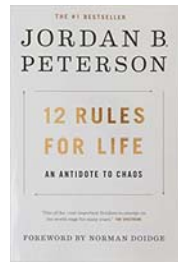
MILITARY

Keep our armed forces safe and give them courage, hope and strength.

Brian Henson Megan Howard
Peter Kler Melanie Kler

THOSE WHO GRIEVE

Paul and Karen Heuer and family on the passing of Cathy Johnson (Karen's mother) on 2/22 after a lengthy illness. Services are pending.



PJ's Book Club is scheduled to meet and discuss Jordan Peterson's book **12 Rules for Life** on the evening of **Tuesday, March 12, 2019** in the Center for Ministry at Holy Shepherd Lutheran Church at 7:00 p.m. (You can currently obtain a copy

through Amazon, local bookstores or the Contra Costa County Library.)

About the Author: **Jordan Peterson** is a Canadian clinical psychologist, cultural critic, and professor of psychology at the University of Toronto. His main areas of study are the psychology of religious and ideological belief, and the assessment and improvement of personality and performance.



March 3	Sophia Perla
March 5	Lisa Verley
March 6	Marisa Chow



Altar flowers this morning have been given by Joan Birke in memory of Bob.

The weekly news inserts are available on the church's website every week - go to www.holyshepherd.org and click on Weekly



With the goal of having a family friendly celebration of the Preschool, a decision has been made to change both the date and the menu of the preschool dinner/fundraiser. We will be offering a Western Style BBQ meal catered by Bonehead's Texas BBQ, Lafayette. We have decided to reschedule the dinner fundraiser to **April 27**. Please stay tuned for updates - thank you for your patience!

Raffle items are still needed for the fundraiser! If you have event tickets, or would like to offer activities/outings, or would simply like to make a cash donation for the raffle, please contact Miss Susie susiekoeper@holyshepherd.org. If you are donating event tickets, etc. the dates should be after May 1, 2019.

Marc and Leslie - The Musical Orindans Saturday, March 9, 2019, 7:00 p.m.

A benefit concert for EFO Holy Shepherd Lutheran Church

Leslie Darwin O'Brien is an Orinda mom whose kids have greatly benefited from EFO. She has performed Off-Broadway and for the Havana Jazz Festival. Her CD's are available at Orinda Books and on Amazon.



Marc Levine has played bass for Barry Manilow, Johnny Rivers, and has played alongside stellar musicians such as Gerry Mulligan and Joe Sample. Currently residing in Orinda, he plays gigs with a variety of acts in the Bay Area and teaches private lessons in the Bay Area on electric and upright bass, piano, and guitar.



Ticket Prices:

\$20/Adult; \$10/Students (Includes reception afterwards with Musicians)

All proceeds go to Educational foundation of Orinda



Tickets will be available on the EFO Website: www.orindaefo.org or talk to Cristi Chow.

Attendance February 24
9:30 am 85