

# Epiphany



And so,  
it begins...

Happy New Year!

## Mark your Calendar!



**For the Week of January 13, 2019**

**Read:** "Jesus' Baptism" (Matthew 3:1-17)

**Recite:** "A voice from heaven said, "This is my Son, the Beloved, with whom I am well pleased." — Matthew 3:17

### Reflect:

- John the Baptist preaches about repentance, saying, "Prepare the way of the Lord, make his paths straight!" (Matt. 3:2-3). Repentance is about 'changing' or 'being different.' Talk about something that you might change in your own life in this new year that could empower your household to greater faithfulness.
- In this week's reading, a voice from heaven said of Jesus, "This is my Son, the Beloved, with whom I am well pleased." Tell about a time when someone said he or she was pleased with you.
- Look for an opportunity this week to tell someone you are pleased with him or her.

**Pray:** God of Grace—at the Jordan River your son Jesus was baptized by John and anointed with the Holy Spirit. Remind us that in the waters of Baptism, we too have been anointed, washed from our sin, and claimed as your own beloved sons and daughters. Amen.

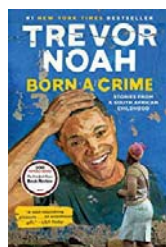
### Note to LARC . . .

I was so impressed with Beth Montgomery's presentation to a philanthropic organization to which I belong, I would like to contribute \$500 to the center as a Christmas gift from my father and me. My father's wife (now deceased) had Alzheimer's and he and she would have benefited from such a program.

Keep up the good work.

Merry Christmas

- January 7, 2019** - Monday, 9:30 a.m. Christmas Clean-Up Day
- January 10** - Thursday, Loaves & Fishes, Martinez
- January 13** - Sunday, **Worship Schedule Changes** - see weekly calendar
- January 17** - Thursday, 9:00 a.m. Women's Bible Study CFM; Lesson 21, Discuss Acts 22:30 - 24:27. Janine Crowe is the facilitator and questions should be directed to her.
- January 20** - Sunday, 12:15 p.m. Bible & Lunch Bunch co-ed group in CFM Library. Acts, Chapters 19 and 20. Bring your lunch!
- January 23** - Wednesday, Loaves & Fishes, Pittsburg
- January 26** - Saturday, 10:00 a.m. Gregersen Hall, Women's Book Group will be discussing "Born a Crime: Stories from a South African Childhood," Trevor Noah.



### Women's Book Group

The group will meet January 26 in Gregersen Hall at 10:00 a.m. and will be discussing "Born a Crime: Stories from a South African Childhood," by Trevor Noah.

Born to a white Swiss father and a black Xhosa mother, this is a compelling, inspiring and comically

sublime bestseller about one man's coming of age, set during the twilight of Apartheid and the tumultuous days of freedom that followed.

All are welcome. Contact Alison Kling with any questions.

**Christmas Clean-Up Day - Monday, January 7, 9:30 a.m. Hoping many can come to help!**



Sign Up Today!

Sign-up sheets for coffee and flowers for the first half of 2019 are available in CFM. Please add your name to dates you would like.



Holy Shepherd Christian Preschool  
March 23, 2019

- Sunday, January 6**  
9:30 am Worship Service  
10:30 am Coffee Fellowship  
11:00 am KCCL Bible Study  
12:15 pm KCCL Worship
- Monday, January 7**  
9:00 am Preschool  
9:30 am Alter Guild Christmas Clean-Up  
10:30 am AA Meeting  
11:00 am LARC
- Tuesday, January 8**  
9:00 am Preschool  
11:00 am LARC  
11:00 am Caregiver Coffee  
6:00 pm BSA Pack Meeting
- Wednesday, January 9**  
9:00 am Preschool  
10:30 am Preschool Chapel  
11:00 am LARC  
3:30 pm Orinda Mandarin Program  
7:30 pm Spirit Borne
- Thursday, January 10**  
Loaves & Fishes, Martinez  
9:00 am Preschool  
10:30 am Preschool Chapel  
11:00 am LARC  
6:00 pm Canticle Choir  
6:30 pm Girl Scout Team Meeting  
7:00 pm Men's Weekly Bible Study, Europa Restaurant, Orinda
- Friday, January 11**  
9:00 am Preschool  
11:00 am LARC  
7:30 pm KCCL Taize in Chapel
- Saturday, January 12**  
8:30 am Cub Scout Pack Derby, Gregersen Hall
- Sunday, January 13 (note new schedule)**  
9:00 am Coffee Bar (in CFM)  
9:30 am Congregational Worship  
10:00 am Sunday School (PreK-5th Gr.)  
10:30 am Coffee Fellowship (in CFM)  
10:45 am KidMin Sunday School Ends  
10:50 am Sunday School (Adults)  
11:30 am Adult Sunday School Ends  
11:00 am KCCL Bible Study  
12:15 pm KCCL Worship

Holy Shepherd Lutheran Church  
January 6, 2019  
www.holy shepherd.org  
Office Hours 8:30 a.m. - 2:00 p.m.  
Monday - Thursday  
Phone 925-254-3422





PJ's Book Club is scheduled to meet and discuss Jordan Peterson's book *12 Rules for Life* on the evening of **Tuesday, March 12, 2019** (note this date change!) in the Center for Ministry at Holy Shepherd Lutheran Church at 7:00 p.m. (You can currently obtain a

copy through Amazon, local bookstores or the Contra Costa County Library.)

*12 Rules for Life: An Antidote to Chaos* is a 2018 book by Canadian clinical psychologist and psychology professor Jordan Peterson. The book probes a series of abstract ethical principles about life influenced by and based on biology, literature, religion, myths, clinical experience and scientific research. It topped bestseller lists in Canada, the U.S. and the UK, and has sold upwards of two million copies. While *12 Rules for Life* was well-received and much-publicized when initially released, it (and its author) have since become the target of many critical reviews. In fact, The New Yorker magazine recently asked of Peterson, "How did a once obscure academic become the Internet's most revered — and reviled — intellectual?"

Rather than deferring to others, we'll seek to decide for ourselves whether Peterson effectively makes his case — and we'll seek to decide for ourselves the extent to which he is to be feared.

As you read, consider the following:

1. Which of Peterson's twelve rules do you find most familiar? Which of them do you find more challenging?
2. How does this book align with your understanding of Christian discipleship? Are Peterson's *12 Rules for Life* in keeping with the ways Jesus calls us to live in 'The Sermon on the Mount'?
3. In what ways might Peterson's perspective speak more to life as experienced by men than to women?
4. Have you heard the author's name being referenced in the news — be it positively or negatively? Make note if you do!

About the Author: **Jordan Peterson** is a Canadian clinical psychologist, cultural critic, and professor of psychology at the University of Toronto. His main areas of study are the psychology of religious and ideological belief, and the assessment and improvement of personality and performance.



*Margaret Sawyer and her Kindergarten Class visit LARC*

**HEALING**

- Dona Lawrentz
- Kathy McCarty Schwab
- Kathy Williams
- Howard Hansen
- Tony Sanchez
- Dinah Washington
- Richard Feldmann
- Gloria Enstrom
- Harry Howe
- Laura Zellmer
- Henry Kramer
- Cecily Bartsch

**WELLNESS**

- Grace Adams
- Pat Tveitmo
- Cathy Johnson
- Kellen Derrough
- Rolf Benseler
- Carol Kramer
- Del Hock

**PEACE / COMFORT**

- Kitti Colucci
- Dottie Russell

**MILITARY**

- Keep our armed forces safe and give them courage, hope and strength.
- Brian Henson
- Megan Howard



- Marilyn Lyndahl
- DeLane Riveness
- Mallory Weiss
- Mary Ann McCauley
- Judy Butler

**From Margaret Sawyer, Kindergarten teacher at Del Rey to LARC:**

Thank you, thank you, thank you Beth. LARC offers the best opportunity for my K kids to experience the joy of giving. The meet and greet did make me tear up. The seniors were so gentle and compassionate with them. Thank you.

The parent drivers were clambering to do it again. Please drop me an email when you are planning your spring calendar. We will have some spring songs and the old patriotic songs can be repeated again and again.

I am going to GUSH (again) to the school staff about the value of visiting LARC.

Many thanks,  
Margaret



**Giving Beyond Ourselves**

Thank you to all who participated in the letter writing campaign, making blankets, preparing the mailing for our troops - this includes the Sewing Angels, the congregation, LARC, and preschool. Your endeavors have made a much

merrier Christmas for our troops! The following items were shipped:

- 25 Wounded Warrior Blankets to the Army's main evacuation hospital in Landstuhl, Germany
- Letters/drawings (1206 total - 152 originals)
- 1152 Tiny Candy Canes - just for the fun of it
- 3 Pre-lit Christmas Trees w/ornaments
- 20 Santa Hats
- 210 Tooth Brushes w/Toothpaste
- 354 Gourmet Nut & Trail Mix Snack Items
- 169 Donated Soaps, Lotions & Shampoo

These items were shipped to our brave men and women serving far away from their families and loved ones during Christmas! (1125 troops to 4 Units in the Afghanistan Theatre)

Diana Yorgan, Social Ministries Chair

The following note was received back from Cpt. Jorge Torres:

To the congregation of Holy Shepherd Lutheran Church,

Thank you all so much for the amazing care packages that you sent out to us. We were all amazed by the generosity, love and support that you all showed us. Your kindness lives on in us and will help see us safely home. Happy holidays from HHB 5-5 ADA.



January 9	Pete Schmitt
January 10	Chuck Patterson
January 11	Ellin Swanback
January 12	Arwin Chung

**Attendance December 24**

4:00 pm	101
6:00 pm	121
10:00 pm	87

**Attendance December 30**

9:30 am	83
---------	----



Altar flowers this morning have been given by Karen Rose Kalvass in memory of Grandma Joy.

The weekly news inserts are available on the church's website every week - go to [www.holyshepherd.org](http://www.holyshepherd.org) and click on Weekly News.

Editor: Linda Hudak, [lkhudak@holyshepherd.org](mailto:lkhudak@holyshepherd.org)