



Epiphany



UPCOMING EVENTS



For the Week of January 27, 2019

Read: "Beatitudes" (Matthew 5:1-20)

Recite: "Jesus said, "You are the salt of the earth..." —

Matthew 5:13a

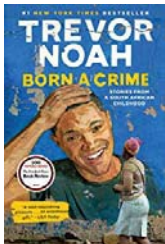
Reflect:

- The beginning of the Sermon on the Mount (Matthew 5-7) is called 'The Beatitudes.' (A beatitude is simply a blessing, as we hear Jesus say in each verse, 'Blessed are ...'). Read the Beatitudes (5:1-11). Which of those short sayings makes the most sense to you? Which one challenges your thinking? Which is most out-of-step with the ways of our society?
- Who – to you – has been a living example of the Beatitudes in your life? How so?
- When Jesus says that we are "salt of the earth" and "light of the world", what do you think he means? What might it look like for you to be "salty"?

Pray: God of Blessing and Promise — Jesus' words to us are not just blessings and well-wishes. They are promises to us. By your Holy Spirit, remind us that even when we feel poor in spirit, when we are sad, when we feel small, when we are hungry and thirsty for goodness, when we are in need of mercy, when we are in need of seeing your presence, when we long for peace, and when we are rejected, you bless us. We ask this, remembering Jesus' words. Amen.

Canticle Choir Schedule	
January 24,	6:00 pm Rehearsal
January 27 -	Provide Offertory, "Beatitudes," Austin C. Lovelace and Communion, "Jesus Took the Cup," Hal H. Hopson
January 31 -	No Rehearsal
February 3 -	Canticle Off
February 7 -	6:00 pm Rehearsal
February 10 -	Provide Offertory, "What Does the Lord Require?," Eric Nelson
February 14 -	6:00 pm Rehearsal
February 17 -	Canticle Off
February 21 -	6:00 pm Rehearsal

- January 23** - Wednesday, Loaves & Fishes, Pittsburg
- January 26** - Saturday, 10:00 a.m. Gregersen Hall, Women's Book Group will be discussing "Born a Crime: Stories from a South African Childhood," Trevor Noah.
- February 14** - Thursday, Loaves & Fishes, Martinez
- February 27** - Wednesday, Loaves & Fishes, Pittsburg
- Updates for Church Directory Due



Women's Book Group

The group will meet January 26 in Gregersen Hall at 10:00 a.m. and will be discussing "Born a Crime: Stories from a South African Childhood," by Trevor Noah. Born to a white Swiss father and a black Xhosa mother, this is a compelling, inspiring and comically sublime bestseller about one man's coming of age, set during the twilight of Apartheid and the tumultuous days of freedom that followed.

All are welcome. Contact Alison Kling with any questions.

Please note that the 2019 schedule for Loaves & Fishes is available in CFM. You can also email Pete Schmitt for copies or more information akapete2@comcast.net.



Fill out your Family Profile For the Church Directory Update!

It is no secret that our current church directory is sorely out of date. Many of you have asked for an updated directory, which begins by updating our church database. In order to accomplish this, we need your help! Directory update postcards can be found in the pew racks as well as the entry table to the CFM. Please take time to (clearly/legibly) fill out a postcard with your most current contact information and either place in the offering plate, return to the church office, or leave in the assigned basket in the CFM by no later than **Sunday, January 27th**. Even if you were included in the last directory, we would like to get an updated card from you! Once our database is completely updated, we will print new directories which will be available from the office.

Holy Shepherd Lutheran Church
 January 13, 2019
www.holy shepherd.org
 Office Hours 8:30 a.m. - 2:00 p.m.
 Monday - Thursday
 Phone 925-254-3422

Sunday, January 20
9:00 am Coffee Bar (in CFM)
9:30 am Congregational Worship
10:00 am Sunday School (PreK-5th Gr.)
10:30 am Coffee Fellowship (in CFM) hosted by Gabriella Schaaf
10:45 am KidMin Sunday School Ends
10:50 am Sunday School (Adults)
11:30 am Adult Sunday School Ends
11:00 am KCCL Bible Study
12 noon Bible & Lunch Bunch co-ed group in CFM Library. Acts, Chapters 19 and 20. Bring your lunch!
12:15 pm KCCL Worship
Monday, January 21
Martin Luther King Jr. Day - Office, Preschool, LARC Closed
8:30 am GS Meeting
10:30 am AA Meeting
Tuesday, January 22
9:00 am Preschool
11:00 am LARC
11:00 am Caregiver Coffee
6:00 pm Cub Scouts Meet
7:00 pm Germany Trip Meeting
Wednesday, January 23
Loaves & Fishes, Pittsburg
9:00 am Preschool
10:30 am Preschool Chapel
11:00 am LARC
3:30 pm Orinda Mandarin Program
7:30 pm Spirit Borne
Thursday, January 24
9:00 am Preschool
10:30 am Preschool Chapel
11:00 am LARC
5:00 pm BSA Pack Meeting
6:00 pm Canticle Choir
6:00 pm GS Troop Meeting
7:00 pm Shepherd's Bells
7:00 pm Men's Weekly Bible Study, Europa Restaurant, Orinda
Friday, January 25
9:00 am Preschool
11:00 am LARC
5:00 pm Parents' Night Out
7:30 pm KCCL Taize in Chapel
Saturday, January 26
Sunday, January 27
9:00 am Coffee Bar (in CFM)
9:30 am Congregational Worship
10:00 am Sunday School (PreK-5th Gr.)
10:30 am Coffee Fellowship (in CFM) hosted by Steve and Nina Berchtold
10:45 am KidMin Sunday School Ends
10:50 am Sunday School (Adults)
11:30 am Adult Sunday School Ends
11:00 am KCCL Bible Study
12:15 pm KCCL Worship



PJ's Book Club is scheduled to meet and discuss Jordan Peterson's book *12 Rules for Life* on the evening of **Tuesday, March 12, 2019** (note this date change!) in the Center for Ministry at Holy Shepherd Lutheran Church at 7:00 p.m. (You can currently obtain a

copy through Amazon, local bookstores or the Contra Costa County Library.)

12 Rules for Life: An Antidote to Chaos is a 2018 book by Canadian clinical psychologist and psychology professor Jordan Peterson. The book probes a series of abstract ethical principles about life influenced by and based on biology, literature, religion, myths, clinical experience and scientific research. It topped bestseller lists in Canada, the U.S. and the UK, and has sold upwards of two million copies. While *12 Rules for Life* was well-received and much-publicized when initially released, it (and its author) have since become the target of many critical reviews. In fact, The New Yorker magazine recently asked of Peterson, "How did a once obscure academic become the Internet's most revered — and reviled — intellectual?"

Rather than deferring to others, we'll seek to decide for ourselves whether Peterson effectively makes his case — and we'll seek to decide for ourselves the extent to which he is to be feared.

As you read, consider the following:

1. Which of Peterson's twelve rules do you find most familiar? Which of them do you find more challenging?
2. How does this book align with your understanding of Christian discipleship? Are Peterson's *12 Rules for Life* in keeping with the ways Jesus calls us to live in 'The Sermon on the Mount'?
3. In what ways might Peterson's perspective speak more to life as experienced by men than to women?
4. Have you heard the author's name being referenced in the news — be it positively or negatively? Make note if you do!

About the Author: **Jordan Peterson** is a Canadian clinical psychologist, cultural critic, and professor of psychology at the University of Toronto. His main areas of study are the psychology of religious and ideological belief, and the assessment and improvement of personality and performance.

Germany 2020 Reformation Tour Meeting

Please join us for a brief meeting on January 22, Tuesday, 7:00 p.m. in CFM to learn more about the tour Pastor John will be leading to Germany September 1, 2020. This trip will visit significant sights related to Martin Luther and his quest to introduce people to the truths written in the Bible. A bonus will be a chance to attend the Passion Play in Oberammergau. Please note your name on the sign-up sheet in CFM. Contact Diana Yorgan (788-2957) with any questions.



HEALING

<i>Dona Lawrentz</i>	<i>Kathy McCarty Schwab</i>
<i>Kathy Williams</i>	<i>Howard Hansen</i>
<i>Tony Sanchez</i>	<i>Dinah Washington</i>
<i>Richard Feldmann</i>	<i>Judy Butler</i>
<i>Marilyn Lyndahl</i>	<i>George Kalvass</i>
<i>Harry Howe</i>	<i>DeLane Riveness</i>
<i>Laura Zellmer</i>	<i>Mallory Weiss</i>
<i>Henry Kramer</i>	<i>Mary Ann McCauley</i>
<i>Cecily Bartsch</i>	

WELLNESS

<i>Grace Adams</i>	<i>Rolf Benseler</i>
<i>Pat Tveitmoe</i>	<i>Carol Kramer</i>
<i>Cathy Johnson</i>	<i>Del Hock</i>
<i>Kellen Derrough</i>	

PEACE / COMFORT

<i>Kitti Colucci</i>	<i>Dottie Russell</i>
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MILITARY

Keep our armed forces safe and give them courage, hope and strength.

<i>Brian Henson</i>	<i>Megan Howard</i>
<i>Peter Kler</i>	<i>Melanie Kler</i>



January 20	Matthew Valentine
January 21	Mary Dockter
January 22	Otto Tschudi
January 25	Elaine Nielsen

I would like to personally thank you for your generous contribution to Loaves & Fishes. Your financial help enables us to provide over 136,000 meals each year to individuals and families that desperately need assistance.

Without your help they would continue to struggle with hunger and hopelessness.

*My very best wishes,
Neil Roscoe, Board Member*

Parents' Night Out

Friday, January 25, 5:00 - 8:00 p.m.
Drop off your kids for a night of fun at Gregersen Hall. We will provide crafts, snacks and dinner. Let us know ahead of any food allergies or dietary restrictions. Email Cristi Chow cheristi@msn.com. \$5/kid or \$10/family. Sorry NO diapers!

Attendance December 13

9:30 am 85

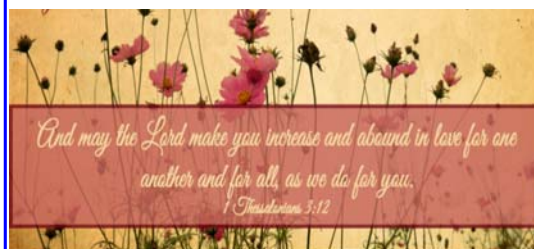


Altar flowers this morning have been given by Yvonne & Otto Tschudi in honor of Otto's birthday. Happy Birthday Otto!



Mark your calendars for March 23rd, as Holy Shepherd Christian Preschool will be hosting the annual Crab Feed Fundraiser Dinner! As part of the fundraising effort, we will once again be offering a multi-generational event that includes a delicious crab dinner, kid friendly pasta, music, entertainment, and raffle prizes. This year's raffle is going to be themed-based, with the focus on events and activities. As such, we are looking for gifts and donations that center around the theme: vacation accommodations, sporting event tickets, spa certificates, hotel accommodations, play or symphony tickets, etc. If you have connections to any of the above themed based events/services and would like to offer them as part of our raffle, please contact Susie Koeper at 925-254-3429 or email her at susiekoeper@yahoo.com. This is the one and only fundraiser the Preschool has each year, so please consider supporting our program.

If you plan to donate, please let us know by February 15 as invites will go out sometime the end of February and we would like to be able to include this information. Thank you for your help.



Announcing New Spring Study on I Thessalonians

The Women's Bible Study group will be studying the letter of I Thessalonians this Spring. We will learn about the early Christian church in Thessalonica, Greece, one of the churches founded by the apostle Paul. We will meet on the following Thursdays at 9:00 a.m. in the Center for Ministry: 3/21, 4/4, 4/18, 5/2, 5/16. If you would like to join this Bible study, please contact Janine Crowe or Lisa Verley by February 19. The Joy of Living lesson books will be ordered on February 20. To purchase a book, please write a check to HSLC for \$11.00 with "WBS Spring Study" on the memo line. You may give your check to Janine, Lisa or place it in the offering plate. If you have questions, please contact Janine Crowe.



Sign-up sheets for coffee and flowers for the first half of 2019 are available in CFM. Please add your name to dates you would like.

The weekly news inserts are available on the church's website every week - go to www.holyshepherd.org and click on Weekly News.

Editor: Linda Hudak, lkhudak@holyshepherd.org