

# Epiphany



## UPCOMING EVENTS

## Church Calendar



For the Week of January 20, 2019

**Read:** "Tempted in the Wilderness" (Matthew 4:1-17)

**Recite:** Jesus answered the devil, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" — Matthew 4:4

### Reflect:

- The first temptation is for Jesus to turn stones to bread, right after we read that Jesus was famished. Why might the devil start with that temptation? Have you ever made a poor decision because you were overwhelmed by hunger? How did your physical condition effect your moral choices?
- What does Jesus do to resist temptation? Can you draw some conclusions about how temptation might work in our lives? When might we be most tempted?
- What do you think? Are temptations easier for you to notice as they are happening or after the fact? Why do you think that is for you? What might you do to help you better notice and name the temptations you face?

**Pray:** God of All Help — every single day there is a battle that rages around and within us. We are tempted to ignore your presence in our lives. We are tempted to overlook the needs of others. We are tempted to jump to unjust conclusions about our neighbors. When we fall, raise us again. Restore us through your mercy. And save us in moments of temptation. We ask this in Jesus' name. Amen.

### Another Note to LARC . . .

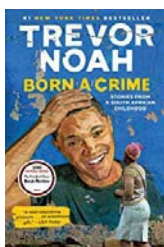
*I can't say enough about this program! You, your staff members and volunteers are so organized and energetic, and you bring such great joy to the participants. LARC is like a second family to Brad. He enjoys socializing there, and absolutely loves all of the singing and music.*

Thank you so much -

Susan

Holy Shepherd Lutheran Church  
 January 13, 2019  
[www.holysshepherd.org](http://www.holysshepherd.org)  
 Office Hours 8:30 a.m. - 2:00 p.m.  
 Monday - Thursday  
 Phone 925-254-3422

- January 23** - Wednesday, Loaves & Fishes, Pittsburg
- January 26** - Saturday, 10:00 a.m. Gregersen Hall, Women's Book Group will be discussing "Born a Crime: Stories from a South African Childhood," Trevor Noah.
- February 14** - Thursday, Loaves & Fishes, Martinez
- February 27** - Wednesday, Loaves & Fishes, Pittsburg
- Updates for Church Directory Due



### Women's Book Group

The group will meet January 26 in Gregersen Hall at 10:00 a.m. and will be discussing "Born a Crime: Stories from a South African Childhood," by Trevor Noah.

Born to a white Swiss father and a black Xhosa mother, this is a compelling, inspiring and comically sublime bestseller about one man's coming of age, set during the twilight of Apartheid and the tumultuous days of freedom that followed.

All are welcome. Contact Alison Kling with any questions.

Please note that the 2019 schedule for Loaves & Fishes is available in CFM. You can also email Pete Schmitt for copies or more information [akapete2@comcast.net](mailto:akapete2@comcast.net).



Fill out your Family Profile For the Church Directory Update!

It is no secret that our current church directory is sorely out of date. Many of you have asked for an updated directory, which begins by updating our church database. In order to accomplish this, we need your help! Directory update postcards can be found in the pew racks as well as the entry table to the CFM. Please take time to (clearly/legibly) fill out a postcard with your most current contact information and either place in the offering plate, return to the church office, or leave in the assigned basket in the CFM by no later than **Sunday, January 27th**. Even if you were included in the last directory, we would like to get an updated card from you! Once our database is completely updated, we will print new directories which will be available from the office.

### Sunday, January 13

- 9:00 am Coffee Bar (in CFM)
- 9:30 am Congregational Worship
- 10:00 am Sunday School (PreK-5th Gr.)
- 10:30 am Coffee Fellowship (in CFM) hosted by the Merlin Family
- 10:45 am KidMin Sunday School Ends
- 10:50 am Sunday School (Adults)
- 11:30 am Adult Sunday School Ends
- 11:00 am KCCL Bible Study
- 12:15 pm KCCL Worship

### Monday, January 14

- 9:00 am Preschool
- 10:30 am AA Meeting
- 11:00 am LARC
- 3:30 pm Orinda Mandarin Program

### Tuesday, January 15

- 9:00 am Preschool
- 11:00 am LARC
- 11:00 am Caregiver Coffee
- 6:30 pm GS Leader Meeting
- 7:00 pm Church Council Meeting

### Wednesday, January 16

- 9:00 am Preschool
- 10:30 am Preschool Chapel
- 11:00 am LARC
- 3:30 pm Orinda Mandarin Program
- 7:30 pm Spirit Borne

### Thursday, January 17

- 9:00 am Preschool
- 9:00 am Women's Bible Study CFM; Lesson 21, discuss Acts 22:3 - 24:27
- 10:00 am Linus Club Gregersen Hall
- 10:30 am Preschool Chapel
- 11:00 am LARC
- 5:00 pm BSA Pack Meeting
- 6:00 pm Canticle Choir
- 7:00 pm Shepherd's Bells
- 7:00 pm Men's Weekly Bible Study, Europa Restaurant, Orinda

### Friday, January 18

- 9:00 am Preschool
- 11:00 am LARC
- 7:30 pm KCCL Taize in Chapel

### Saturday, January 19

### Sunday, January 20

- 9:00 am Coffee Bar (in CFM)
- 9:30 am Congregational Worship
- 10:00 am Sunday School (PreK-5th Gr.)
- 10:30 am Coffee Fellowship (in CFM) hosted by Gabriella Schaaf
- 10:45 am KidMin Sunday School Ends
- 10:50 am Sunday School (Adults)
- 11:30 am Adult Sunday School Ends
- 11:00 am KCCL Bible Study
- 12:15 pm KCCL Worship
- 12 noon Bible & Lunch Bunch co-ed group in CFM Library. Acts, Chapters 19 and 20. Bring your lunch!



PJ's Book Club is scheduled to meet and discuss Jordan Peterson's book *12 Rules for Life* on the evening of **Tuesday, March 12, 2019** (note this date change!) in the Center for Ministry at Holy Shepherd Lutheran Church at 7:00 p.m. (You can currently obtain a

copy through Amazon, local bookstores or the Contra Costa County Library.)

*12 Rules for Life: An Antidote to Chaos* is a 2018 book by Canadian clinical psychologist and psychology professor Jordan Peterson. The book probes a series of abstract ethical principles about life influenced by and based on biology, literature, religion, myths, clinical experience and scientific research. It topped bestseller lists in Canada, the U.S. and the UK, and has sold upwards of two million copies. While *12 Rules for Life* was well-received and much-publicized when initially released, it (and its author) have since become the target of many critical reviews. In fact, The New Yorker magazine recently asked of Peterson, "How did a once obscure academic become the Internet's most revered — and reviled — intellectual?"

Rather than deferring to others, we'll seek to decide for ourselves whether Peterson effectively makes his case — and we'll seek to decide for ourselves the extent to which he is to be feared.

As you read, consider the following:

1. Which of Peterson's twelve rules do you find most familiar? Which of them do you find more challenging?
2. How does this book align with your understanding of Christian discipleship? Are Peterson's *12 Rules for Life* in keeping with the ways Jesus calls us to live in 'The Sermon on the Mount'?
3. In what ways might Peterson's perspective speak more to life as experienced by men than to women?
4. Have you heard the author's name being referenced in the news — be it positively or negatively? Make note if you do!

About the Author: **Jordan Peterson** is a Canadian clinical psychologist, cultural critic, and professor of psychology at the University of Toronto. His main areas of study are the psychology of religious and ideological belief, and the assessment and improvement of personality and performance.

**HEALING**

- Dona Lawrentz  
Kathy McCarty Schwab  
Kathy Williams  
Howard Hansen  
Tony Sanchez  
Dinah Washington  
Richard Feldmann  
Judy Butler  
Harry Howe  
Laura Zellmer  
Henry Kramer  
Cecily Bartsch*

- Marilyn Lyndahl  
DeLane Riveness  
Mallory Weiss  
Mary Ann McCauley*

**WELLNESS**

- Grace Adams  
Pat Tveitmo  
Cathy Johnson  
Kellen Derrough*

- Rolf Benseler  
Carol Kramer  
Del Hock*

**PEACE / COMFORT**

- Kitti Colucci  
Dottie Russell*

**MILITARY**

- Keep our armed forces safe and give them courage, hope and strength.  
Brian Henson  
Megan Howard*



**Thankful for the Angels Amongst Us!**

*I would like to thank all of those who helped so much with the Christmas Eve services....especially Reni Yasuda & Joan Kiekhaefer for saving the day!...thank you!!!*

*Monday morning (Jan. 7) we had just enough helpers to be able to remove the Christmas tree & decorations. Fortunately with the storm on Sunday, Steve Berchtold couldn't go skiing and was available!!! It is always more difficult when we work on Mondays for those who are working. Gerry Perry, Russ Roloff, Pete Schmitt did the heavy lifting ...thank you!!! Our tried & true Altar Guild members stepped up to do all of the zillion other things! Joan Birke, wounded Juanita Gilbertson, Louise Harpham, Belle Lindskoog and Reni Yasuda. Barbara Swanson is such a giving soul...she was a blessing to us all! Lastly later in the day Tom & Juanita came to replace the large reredos, that stretches across the back of the altar area. We are so blessed as a family to have such caring, giving souls!*

*Thanks be to God!!!*

*Blessings, Elaine (And many, many thanks to Elaine!)*

**Attendance December 6**

9:30 am 79



Altar flowers this morning have been given by Marci Bauer in celebration of Bob Bauer's birthday. Happy Birthday, Bob!

Dear Pastor John,

*I just want to thank you and all of your wonderful members at Holy Shepherd Lutheran Church for all you have done for our heroes that are still actively fighting to keep us safe. Pete (Schmitt) has been an absolute angel helping Chaplains Wings make sure that our military know that they are being thought of and prayed for while they are doing their duty. Without the help of you and your wonderful church I know we would not have been able to touch as many as we have and having heard from many that receive what is sent out it means the world to them knowing that they are not forgotten. Again thank you and please keep our group and our heroes in your prayers.*

*Gratefully,*

*Treece Mulkey*

*Chaplains Wings*

<http://www.chaplainswings.iconosites.com/>



January 15	Sharon Tissue
January 18	Cindy Kumar
January 19	Alexandra Demos Chris Merlin Craig Wildman
January 20	Matthew Valentine

Dear Holy Shepherd,

Dec. 23, 2018

*Your donations for the mission of IHP are helping to build & to expand the services at The Children's Hospital at Zinga. Thank you. The floor is going into the labor & delivery building & the roof is on the OR-NICU building. The footings foundations are in for the acute care pediatric ward with a PICU & the same is true for the Maternal & Child Health Center that will serve as a pre-natal & well-baby check building. It is all so exciting! You have helped with every step.*

*Neema, a 3-year old, was brought into the outpatient unit seriously ill with malaria plus pneumonia, a deadly combination. She responded to the medications & was a happy, healthy little girl when she returned for her 10-day follow-up visit.*

*We wish you a blessed New Year!*

*Blessings & gratitude,*

*Paula & Denny*



**Holy Shepherd  
Christian Preschool  
March 23, 2019**



Sign-up sheets for coffee and flowers for the first half of 2019 are available in CFM. Please add your name to dates you would like.

The weekly news inserts are available on the church's website every week - go to [www.holyshepherd.org](http://www.holyshepherd.org) and click on Weekly News.

Editor: Linda Hudak, [lhudak@holyshepherd.org](mailto:lhudak@holyshepherd.org)

**Germany 2020 Reformation Tour Meeting**

Please join us for a brief meeting on January 22, Tuesday, 7:00 p.m. in CFM to learn more about the tour Pastor John will be leading to Germany September 1, 2020. This trip will visit significant sights related to Martin Luther and his quest to introduce people to the truths written in the Bible. A bonus will be a chance to attend the Passion Play in Oberammergau. Please note your name on the sign-up sheet in CFM. Contact Diana Yorgan (788-2957) with any questions.