

# Welcome...



## For Next Week – Sunday, September 30


**Read:** “Rescue at the Sea”  
 (Exodus 14:5-31)

**Recite:** “Moses said to the people, ‘Do not be afraid, stand firm, and see the deliverance that the LORD will accomplish for you.’” Exodus 14:13

### Reflect:

- The Books of Genesis and Exodus recount numerous places where water is the instrument of death and life and purification. Consider the story of Noah and the Ark in Genesis 6-9. Consider the story of the birth of Moses in Exodus 1-2. Can you think of any other biblical stories that use water as God’s instrument of death, life and/or purification?
- Have you ever experienced being rescued? What – to you – does rescue look like? What does it feel like? How did you / would you react when someone rescues you? How did God’s people react when they were rescued at the Red Sea?
- In Exodus 15, Moses’ sister Miriam sings a song about what happened to/for them at the Red Sea. If you were to write a song about what good things God does in your life, what would you include?

**Pray:** God, you guide our paths. We might not have seen the kind of power on display at the shores of the Red Sea. But, we have seen the kind of love you have displayed in Jesus. Help us to see your love in our lives. Help us to be that love for others. Amen.



**Next three dates for Loaves & Fishes & for which volunteers are needed:**

9/26	Pittsburg
10/11	Martinez
10/24	Pittsburg

Our next Work Day is Saturday, October 6, 9 am to 12 noon. Your help is needed as we aim to keep our property beautiful and safe. What better way spend a glorious fall morning! Coffee and donuts at 9:00 a.m.



## IMPORTANT DATES

- September 30** 12:15 p.m. Bible & Lunch Bunch, CFM Library. Bring your Bible and a bag lunch. RSVP to Janine Crowe.
- October 3** 9:30 a.m. Altar Guild
- October 4** 9:00 a.m. Women’s Bible Study Group, CFM. Contact is Janine Crowe. 7:00 p.m. Bells resume
- October 6** 9:00 a.m. Fall Work Day
- October 28** Oktoberfest - Details to follow



**TODAY** in Gregersen Hall at 9:45 a.m. to approve the budget.



### Corrected Information Follows:

The cornerstone of our FaithBuilders program are our Sunday evening “Workout” - which begin at 5:00 p.m. and end promptly at 7:00 p.m. Workouts normally take place in CFM and involve learning time, a light meal and a fun activity or two! Pastor John currently serves as our key Workout Leader. (Participant families sometimes help out by sharing in meal-prep responsibilities as they are able.)

- Workout 1** 9/30 “I’m So Confused” - a look at Jesus as Teacher
- Workout 2** 10/21 “Help, I Need Somebody” - a look at Jesus as Healer
- Workout 3** 11/11 “Crucified, Died and was Buried” - a look at Jesus as Servant
- Workout 4** 12/2 “He is Risen Indeed” - a look at Jesus as God

To find out how you might get involved in FaithBuilders, please contact Pastor John Valentine, 925-254-3422, or email [jvalentine@holyshepherd.org](mailto:jvalentine@holyshepherd.org).

**B**ookmarks with the fall schedule for Women’s Bible Study and the Bible and Lunch Bunch on the study of Acts Part 2 are available in CFM. Please take one with your group’s fall schedule!



### Sunday, September 23

- 8:30 am** Traditions Worship Service
- 9:30 am** Coffee Fellowship in Gregersen Hall hosted by Pete Schmitt & Herb Wehmeyer
- 9:45 am** Semi-Annual Congregational Meeting in Gregersen Hall
- 9:45 am** Sunday School
- 10:45 am** Celebrations Worship
- 11:45 am** Coffee Fellowship in CFM
- 11:00 am** KCCL Bible Study
- 12:15 pm** KCCL Worship

### Monday, September 24

- 9:00 am** Preschool
- 10:30 am** AA Meeting
- 11:00 am** LARC
- 3:20 pm** Orinda Mandarin Program

### Tuesday, September 25

- 9:00 am** Preschool
- 11:00 am** LARC
- 11:00 am** Caregiver Coffee
- 6:00 pm** Cub Scout Meeting

### Wednesday, September 26

- 9:00 am** Preschool
- 10:30 am** Preschool Chapel
- 11:00 am** LARC
- 3:20 pm** Orinda Mandarin Program
- 7:30 pm** Spirit Borne

### Thursday, September 27

- 9:00 am** Preschool / Photo Day
- 10:30 am** Preschool Chapel
- 11:00 am** LARC
- 6:00 pm** Canticle Choir
- 7:00 pm** Men’s Bible Study at Europa

### Friday, September 28

- 9:00 am** Preschool
- 11:00 am** LARC
- 7:30 pm** KCCL Taize

### Saturday, September 29

### Sunday, September 30

- 8:30 am** Traditions Worship Service
- 9:30 am** Coffee Fellowship in Gregersen Hall
- 9:45 am** Sunday School
- 10:45 am** Celebrations Worship
- 11:45 am** Coffee Fellowship in CFM hosted by Diana Washington
- 11:00 am** KCCL Bible Study
- 12:15 pm** KCCL Worship
- 12:15 pm** Bible & Lunch Bunch in CFM Library. Bring your Bible and a bag lunch.
- 5:00 pm** FaithBuilders

### Attendance

<b>September 16</b>	8:30 a.m.	45
	10:45 a.m.	42

The weekly news inserts are available on the church’s website every week - go to [www.holyshepherd.org](http://www.holyshepherd.org) and click on Weekly News.

Editor: Linda Hudak,  
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**HEALING**

Susie Koepfer  
Kathy Williams  
Tony Sanchez  
Diana Neujahr  
Harry Howe  
Phil Hunter  
Donald Lee  
Steve Catton  
Mallory Weiss

Dona Lawrentz  
Howard Hansen  
Dinah Washington  
Gloria Enstrom  
DeLane Riveness  
Kathy McCarty Schwab  
Cristi Chow  
Henry Kramer  
Mary Herchert

**WELLNESS**

Grace Adams  
Pat Tveitmoe  
Cathy Johnson  
Kellen Derrough  
Del Hock

Rolf Benseler  
Dottie Russell  
Pastor Richard Brewer  
Carol Kramer

**PEACE / COMFORT**

Kitti Colucci

**MILITARY**

Keep our armed forces safe and give them courage, hope and strength.  
Brian Henson Megan Howard



From Miss Susie,

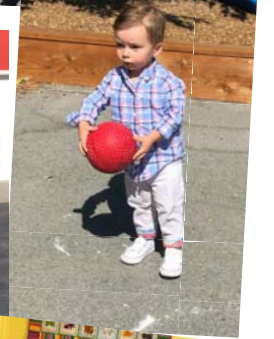
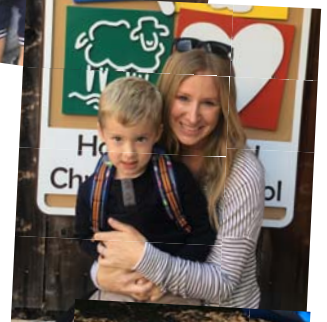
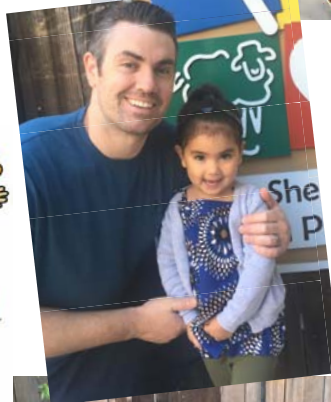
"They (the children) were so happy in both classes it was unreal. I was welcoming the children as they came in and one little girl just stared at me while one after another came up to me and gave me a hug. Then our eyes met and she ran to me and said 'I've missed you Miss Susie. I love you.' That's why I do what I do!"



September 24 Rolf Benseler  
September 25 **Doug & Elizabeth  
McManamon**  
September 29 Robert Church  
Zachary Kumar



Coffee sign-up sheets for September - December are available as are altar flower and Loaves & Fishes sign-ups. There will be only one service beginning November 25 through January 6. Coffee sign-up sheets for that period are also available. Please sign up if you are available for any of these dates. Thanks you.



**PRESCHOOL**  
2018-2019