



# HOLY SHEPHERD LUTHERAN CHURCH

433 Moraga Way, Orinda, CA 94563



September 2010

## SUMMER WORSHIP SCHEDULE THROUGH 9/5

9:15 a.m. Worship  
Coffee Fellowship available 1/2  
hour before & after worship  
11:00 a.m.. Korean  
Worship Service

## FALL WORSHIP SCHEDULE BEGINS 9/12

8:15 a.m. Traditions Worship  
9:15 a.m. Coffee Fellowship  
9:40 a.m. Education for  
All Ages  
10:45 a.m. Celebrations Worship  
12:30 p.m. Korean Worship

***CHILDREN ARE ALWAYS WELCOME**  
to worship along with their par-  
ents. Nursery care is available  
(unless otherwise noted) for chil-  
dren age 5 and under in the pre-  
school room located toward the  
rear of Gregersen Hall from 8:45  
to 10:45 a.m. Please note, how-  
ever, that due to our Safe Commu-  
nity Policy, the nursery will not be  
open if there is not a screened  
adult and one assistant available  
to be in the room with the chil-  
dren.*

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## *Stop, Look and Listen!*

**A**nother school year is well nigh upon us! Students from preschool to college are all headed off to (or back to) class. Some greet the beginning of the school year with anxiety. Others with great eagerness. Still others with a ho-hum sense of "back to the grind." But whether anxious or excited, despairing or dismayed, many of those students will receive lectures about safety . . . including the talk that reminds them to "Stop, Look and Listen" before crossing a street.

As one called to be a teacher among you, I'd be remiss not to remind You of the value of those words. Stop, Look and Listen!



**STOP** what you are doing long enough to read through this newsletter! It seems the sign of a healthy (and hopefully growing) congregation to see the many programs, activities and opportunities that are represented herein.

**LOOK** at the variety of opportunities for service and learning contained within this newsletter! Some of them invite us to use our gifts in worship. Others of them detail opportunities (and a rationale) for being involved in Christian education. Still others speak of ways we can be supportive of our Congregation Council, our Preschool and/or our Lamorinda Adult Respite Center programs.



**LISTEN** to what the Spirit of God is calling you to be about. One of the things that is so wonderful to me about being part of a church like ours is the diversity of gifts and talents and passions which people bring to the table. As "Mr. Grey" and "Mr. Brown" reminded us in a Stewardship campaign many years ago now, none of us is able to do everything, but every one of us is called and gifted to do something. I trust that you will find something that you can be involved in this Fall that will be "good for you, good for us and good for the Lord our God!"

Love + Joy + Peace

*Pastor John B. Valentine*

**New Choir Director**



**Carole Vetter**



*“Peoria, Ill. is my hometown, so to speak, but we moved to Oakland when I was 12. After graduating from Oakland Technical High School where I sang with their award-winning a capella choir, I went to S.F.S.U. where I earned a B.A. degree in music with vocal/choral concentration. A desire to spend some time with my father in Iowa resulted in my staying there for a year teaching music, K-12 in a small town with a love for music. There I met my husband, also a musician. We moved to New York city with wide eyes and a drive to become professional singer/musicians. While I loved doing professional choral work and he loved playing casuals, we realized that if we were going to raise a family there we needed steady, predictable incomes. Like so many before us we became music teachers in NYC, I vocal/choral and he instrumental.*

*We had long, successful careers and raised two wonderful boys there, one a CPA living in Des Moines, married with three girls, and the other a PhD in Political Philosophy, married and living in Washington D.C. Sadly our marriage ended in divorce. I retired from teaching and moved back to Oakland where I reunited with a college friend. We married in 1999. That same year I was hired as the choir di-*

*rector at Trinity Lutheran Church where I have been until June 2010. Being the child of Swedish parents I have been a life-long Lutheran (Augustana Synod!!). Choral music is my passion. I am a devotee of great (and small) sacred choral music. I invite all who love to sing to share my love of sacred music by joining the Canticle Choir this fall. I look forward to meeting the congregation and participating in the worship services of this community.”*

**1st Canticle Choir Rehearsal, Thursday, September 2, 7:00 p.m.**  
**Canticle BBQ Kick-Off at the Valentine home, Thursday, September 9, 6:00 p.m.**

**R**ehearsals resume Thursday, September 9 at 8:00 p.m. in the Sanctuary. Shepherd’s Bells is a group of dedicated hand bell ringers who gather under the direction of Julie Hamre to provide service music at least once a month.



*From Tom Henry, Director*

Rehearsals begin Wednesday, September 1 at 7:15 a.m. in the Sanctuary. If you have ever attended the contemporary worship service at HSLC, then you know that music helps to drive a lot of the setting, delivering an uplifting, spirit-filled and worshipful music framing to the message that Pastor John brings forth. Each and every Sunday, regardless of who from the group is available to sing and help lead worship, we dedicate ourselves to musically enhancing the worship service. Please join us!

**T**he LARC Advisory Committee (Lamorinda Adult Respite Center) has decided not to hold its annual fall fundraiser this year – however, do reserve the date of **Saturday, October 8, 2011** for the next fun-filled fundraiser with the Judy Brown Band providing the music.



In place of the fundraiser this year a direct mailing will be sent out in the fall to raise money for the program. We hope to include a few raffle items so watch your mail and help us support LARC through this non-event fundraiser!



**Holy Shepherd volunteers, Mary Ruth Armstrong and Ginny Ruble, helping LARC participants**



**LARC Welcomes New Activity Leader**



Carolyn “Cookie” Bedford was recently hired to fill the position of Activity Leader on Tuesday and Thursday. Cookie writes:

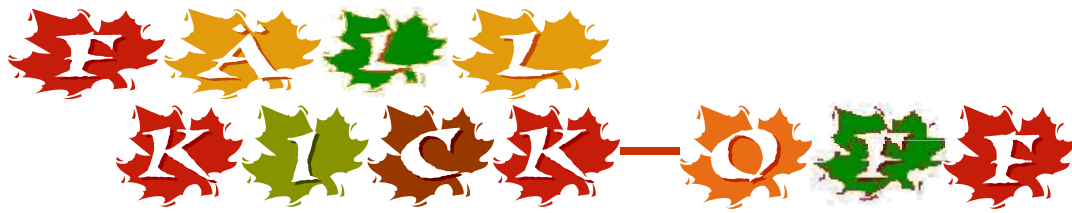
*“I was born on the East coast in New Jersey and my family moved to New Hampshire after I finished high school. I moved to the Bay Area for college and I have a degree from Mills College.*

*I spent 25 years in Lafayette raising my 3 children, Courtney (27), Morgan (25) and Clay (19).*

*I have been an event planner, fundraiser and I have been a very active volunteer in the schools and community. Two years ago I helped put on a radio show for seniors in Sonora.*

*I am looking forward to my new position as Activity Leader of LARC.”*

Welcome, Cookie!



Sunday, September 12, we will be returning to our Fall worship schedule with worship services at 8:15 and 10:45 a.m. Education for all ages will also begin that day at 9:40 a.m. To punctuate the day, we will be hosting a Fall Kickoff Event from 12 noon to 2:30 p.m. For those of you who attended last year's Fall Festival (aka Marty Party), this year's event will be similar—food, games, cakewalk music, bounce house and lots of fun activities. Please plan to join the fun! There is a sign-up sheet in Gregersen Hall!



## *Sunday Adult Education*

On September 12<sup>th</sup> the Adult Education will begin with a five-week study of the **EPISTLES OF 1 JOHN**. These letters were written in the same style of simplicity joined with clarity that John learned from Jesus his teacher, Lord and Savior.

Written in the first century, these letters will speak to us as timely in our 21<sup>st</sup> century. John wrote to Believers in order to share concerns about their life and faith. He was also very concerned when they were confronted with false doctrines that were being spread in regard to the true identity of Jesus. So one of the purposes was to encourage the followers of Christ to remain faithful to the Truth.

Your teacher, Pat Tveitmo, invites you to attend and enter in to the world of these brief letters and discover for yourself their fresh and exciting portrayal of the meaning of life and truth and love.

Bring your coffee and join us in the Sanctuary at 9:40 a.m.

## *FaithBuilders*

### *(Confirmation Program for Grades 7 and 8)*

- ✠ Sunday, August 29<sup>th</sup>, 10:30 – 11:15 Orientation meeting for parents and students. This is an important meeting to find out about this year's program and ask any questions you may have.
- ✠ Weekly classes begin Sunday, August 12<sup>th</sup>, 9:40 a.m.
- ✠ Fall Weekend Adventure (Retreat) Friday, October 22<sup>nd</sup>, 7:00 p.m. – Saturday, October 23<sup>rd</sup>, at noon.



## *High School Youth*

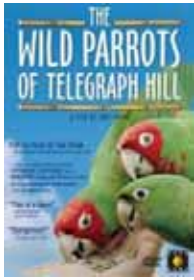
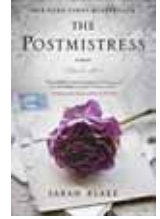
- ✠ Sunday Lunch Out – *You choose the place, Bev picks up the tab!* Meet in the church parking lot September 19<sup>th</sup>, at noon; and we will be joining the youth from Orinda Community Church for this excursion.
- ✠ LOG (Love of God) Retreat November 12 – 14<sup>th</sup>; sign up by October 3<sup>rd</sup>! This is an amazing 72-hour retreat led by teens for teens. Experience God's love for you in a real way. There is no cost for this event; the price has already been paid!

## Women's Book Club

The Women's Book Club meets the 4th Saturday of the month at 10:00 a.m., usually in private homes. They have selected the following books for upcoming meetings.

August 28<sup>th</sup> they will meet in the LARC room at Holy Shepherd and will be discussing the book *"The Postmistress,"* by Sarah Blake.

*"Those who carry the truth sometimes bear a terrible weight... It is 1940. France has fallen. Bombs are dropping on London. And President Roosevelt is promising he won't send our boys to fight in "foreign wars." But American radio gal Frankie Bard, the first woman to report from the Blitz in London, wants nothing more than to bring the war home."*



September 25<sup>th</sup> the group will be viewing a movie based on Mark Bittner's memoir, "The Wild Parrots of Telegraph Hill: A Love Story with Wings,"

*"Telegraph Hill is a neighborhood in one of the hillier sections of San Francisco that over the years has become home to a large flock of wild parrots. While no one is certain how they got there, the birds were for the most part left to their own devices until they were discovered by Mark Bittner. A street musician and self-described "Dharma bum," Bittner had no practical background in ornithology when he first encountered the parrots, but it wasn't long before he developed a close bond with them and took it upon himself to feed and care for the birds, and even gave many of them names. The Wild Parrots of Telegraph Hill is a documentary which recounts the story of Bittner and his birds, as well as an unexpected twist of fate which added a poignant note to their tale."*

October 23<sup>rd</sup> the selection is *"The Forgotten Garden,"* by Kate Martin.

*"From the internationally bestselling author of "The House at Riverton," an unforgettable new novel that transports the reader from the back alleys of poverty of pre-World War I London to the shores of colonial Australia where so many made a fresh start, and back to the windswept coast of Cornwall, England, past and present."*



Please contact Sharon Tissue or Juanita Gilbertson for location. New members are always welcome!



## Join us for Fun Bridge

Fun Bridge continues as we move into the fall. The group plays on the 4th Friday of each month from 7:00 to 10:00 p.m. Location changes, so please call Carol Kramer or Anne Johnson for details and location. They will meet August 27, September 24 and October 22—no bridge in November or December.

## Women's Bible Study

We are starting the fall with a new book so it is a perfect opportunity for new people to join the discussion. *"The Reason for God,"* by Timothy Keller, confronts the skeptics of faith head on and promises to be an engaging discussion starter for our group. Books are available through Bev Townsley in the church office. The Women's Bible Study group meets the 1<sup>st</sup> and 3<sup>rd</sup> Mondays of each month on the stage in Gregersen Hall at 9:30 a.m. The first meeting this fall will be September 20<sup>th</sup>.



UPCOMING EVENTS (all on Thursdays):

- **September 16**, Annual BBQ at Grace's ranch! Cost \$5 to cover paper products and meat. Please bring a dish to share—casserole, salad, dessert. There is a sign-up sheet in Gregersen Hall! Lots of fun!
- **October 21**, Lunch Speaker - Long-Term Care (Gregersen Hall)
- **November 18**, Disney Museum (SF)

## Line Dancing Event

Submitted by Cristi Chow



A great time was had by all at the line dancing event in July! After feasting on tri-tip, chicken, salad and pasta (from Buckhorn and Lava Pit), the cowboy hats and boots came out and everyone stomped and twirled along to Rich Rosso's line dancing instructions. Bout 80 people attended, from age 1 to 88. At the end of it all, even though it wasn't really a fundraiser, we had \$62 for the pre-school. Thanks to all for helping make this a really fun event!



Dear Angels,

**You can support the troops just by listening to a song and sharing it with your friends!**



As one of the musical artists involved in *Voices of a Grateful Nation* (a partner of Soldiers' Angels), Jesse Dayton has been using his talent to support the troops. His heart-rending song, *I'm Comin' Home*, has been featured on the organization's musical CDs, which help fund activities that use music to help returning and wounded soldiers re-acclimate and recover. Now he's asking for a little help—all you have to do is listen! [www.cmt.com/videos/jesse-dayton/540183/im-comin-home.jhtml](http://www.cmt.com/videos/jesse-dayton/540183/im-comin-home.jhtml)

*I'm Comin' Home* has received rave reviews from soldiers and military families, and now has the attention of CMT.com (Country Music Television). The video is playing on the station's website and is linked to a PSA about the efforts of Soldiers' Angels and *Voices of a Grateful Nation* to use music to support the troops. *If the video hits at least 1,000 plays per day, it will be put—along with a bit about the PSA—on the regular rotation of music videos on CMT itself!* This will be a tremendous way to spread the word about Soldiers' Angels and supporting the troops as they return home! All revenue Jesse receives from "I'm Coming Home" will go to support the new music therapy project at Soldiers' Angels. Simply watching these great videos is a powerful way to help! You can learn more about the video and the music therapy project at [www.soldiersangels.org/index.php?page=past-news](http://www.soldiersangels.org/index.php?page=past-news). Please take the time to enjoy this beautiful music, then share it with your friends--post it on Facebook, blog it, email it... and let's get on CMT!

Wingtip to Wingtip,

Patti Patton-Bader

Soldiers' Angels Founder and CEO

Facebook - [Soldiers' Angels \(official\)](#)

Twitter - [@soldiersangels](#)

Monthly Newsletter - [www.soldiersangels.org/index.php?page=newsletters](http://www.soldiersangels.org/index.php?page=newsletters)

# Vacation Bible School Afterglow

Submitted by Bev Townsley



The children have gone home, the decorations have been taken down and Holy Shepherd's buildings have returned to their usual daily hum instead of the squeals, laughter, singing and controlled chaos of the week-long VBS program. Once again, I called on the Spirit-filled talents of Leslie Darwin from the Orinda Community Church to help. As she led the children in music and singing, I focused my skills on the administration, volunteer coordination, and team building aspects of the program.

We had a very successful week. Sixty-nine children registered for the half-day program, an increase from last year's sixty-two. We also enjoyed a large number of middle school and high school students that volunteered as Jr. Staff, twenty-eight in all! It is a powerful thing to watch as our students become the teachers and leaders of the younger children. They take the responsibility seriously and with a servant heart. The little ones look up to them, admire them, and emulate them. This is a program that not only ministers *to youth*, but ministers *through youth*.

Even our daily offering was a ministry *to youth, through youth*. The children collected \$92.22 for Rancho Santa Marta, a school/home in San Vicente Mexico that works with children who have various learning disabilities. This is the same school our high school youth serve at during their Easter break. The school is currently facing the challenges of paying their teachers, so our offering will go towards that end.

In addition to the kids, we had fourteen adult staff and volunteers who helped to make the week run smoothly. This team provided help by setting up and tearing down decorations, offering daily snacks, lunches, crafts, and leadership that kept everyone energized and added so much to our rainforest theme and the enjoyment of everyone involved. Thank you all who helped to make this year's program so successful and such a gift to our community.



VBS FRIENDS



THE COOKS



CLASS TIME



GAMES



MUSIC

Sunday  
October 17, 2010



**Location**  
Creekside Church  
444 Fig Tree Lane  
Martinez, CA 94553

A no-frills awareness and fundraising dinner benefiting non-profit food and housing providers in Contra Costa County.

Event Schedule

5:30 to 6:00 p.m. Registration/Networking/Visit Agency Booths  
6:00 to 7:30 p.m. Complimentary Dinner prepared and served by Loaves & Fishes; Presentations

**Donation/Volunteer Participation Form**

- \$ \_\_\_\_\_ Contra Costa **Interfaith Housing**
- \$ \_\_\_\_\_ **Food Bank** of Contra Costa & Solano
- \$ \_\_\_\_\_ **Loaves & Fishes** of Contra Costa
- \$ \_\_\_\_\_ **Lutheran Social Services** of Northern CA
- \$ \_\_\_\_\_ **SHELTER Inc.** of Contra Costa County
- \$ \_\_\_\_\_ **The Society of St. Vincent de Paul**
- \$ \_\_\_\_\_ **Winter Nights Shelter** Supported by Interfaith Council
- \$ \_\_\_\_\_ **Youth Homes, Inc.**
- \$ \_\_\_\_\_ **Allocated Equally to all of the above**

**Yes! Please accept my reservation for \_\_\_\_\_ people.**

**No, I can not attend, but I am pleased to . . .**

**Donate** the amount(s) indicated above – my check made payable to WC Kiwanis Club Foundation is enclosed.

I would like to learn more about **volunteer opportunities** with \_\_\_\_\_.

Please ask the organization circled above to contact me regarding a referral I may have to a potential provider of [ ] **food** and/or [ ] **services** for the hungry and homeless.

All RSVP's and donations should be sent/mailed by **OCTOBER 8<sup>th</sup>** to:

Walnut Creek Kiwanis Club Foundation  
P.O. Box 4542  
Walnut Creek, CA 94596-0542

Name \_\_\_\_\_ Firm \_\_\_\_\_

Address \_\_\_\_\_ City/ST/Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email \_\_\_\_\_






The **KIWANIS CLUB OF WALNUT CREEK** is the sponsor of this event and the gourmet dinner. To RSVP electronically, ask questions about this event or to learn more about Kiwanis, please contact Pete Schmitt [akapete2@comcast.net](mailto:akapete2@comcast.net).

## SEPTEMBER 2010 HOLY SHEPHERD LUTHERAN CHURCH

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<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>																																																	
<p><b>Regular Worship Schedule</b></p>	9:30 a.m. Women's Bible Study 10:30 a.m. AA 2:00 p.m. Mandarin Classes	11:00 a.m. Lamorinda Caregivers' Support Group 7:00 p.m. Council	2:00 p.m. Mandarin Classes 7:15 p.m. Spirit Borne 7:30 p.m. Al-Anon	9:30 a.m. Core Staff Meeting 11:30 a.m. LAFF Luncheon Gregersen Hall 7:00 p.m. Canticle Choir 8:00 p.m. Bells	7:00 p.m. Bridge Group	10:00 a.m. Women's' Book Club—(off-site)																																																	
<b>LARC 11:00 a.m.—3:00 p.m.</b>					<div style="border: 1px solid black; padding: 5px; background-color: #f4a460;"> <b>FaithBuilders Retreat from</b>  <b>7:00 p.m. Fri. to 12 noon Sat.</b> </div>																																																		
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>																																																	
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<b>31</b>																																																							
<p><b>Regular Worship Schedule</b></p> 	<p>Please note there will be a blood drive at Holy Shepherd Sunday, October 31, from 9:00 a.m. to 1:00 p.m. Visit <a href="http://www.redcrossblood.org/">http://www.redcrossblood.org/</a> to learn more about the blood drive process. A sign-up sheet will be available in Gregersen Hall by the first week in October.</p>					<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="7" style="text-align: center;">November 2010</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> </tr> <tr> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> </tr> <tr> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> </tr> <tr> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> </tr> <tr> <td>28</td> <td>29</td> <td>30</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	November 2010							S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				
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### Be part of the New Sewing Project for our Soldiers



If you would like to knit a Helmet Liner or Liners for our troops in Afghanistan, please contact Sharon Tissue for instructions. Helmet Liners are to be completed and turned in to Sharon by October 1<sup>st</sup> and Pete Schmitt will include them in the October 10<sup>th</sup> mailing. Watch for a display in Gregersen Hall in September.

*If you would like your name removed from the monthly newsletter mailing, please notify [lkhudak@holyshepherd.org](mailto:lkhudak@holyshepherd.org) or call the church office, 925-254-3422, and leave a message for Linda.*

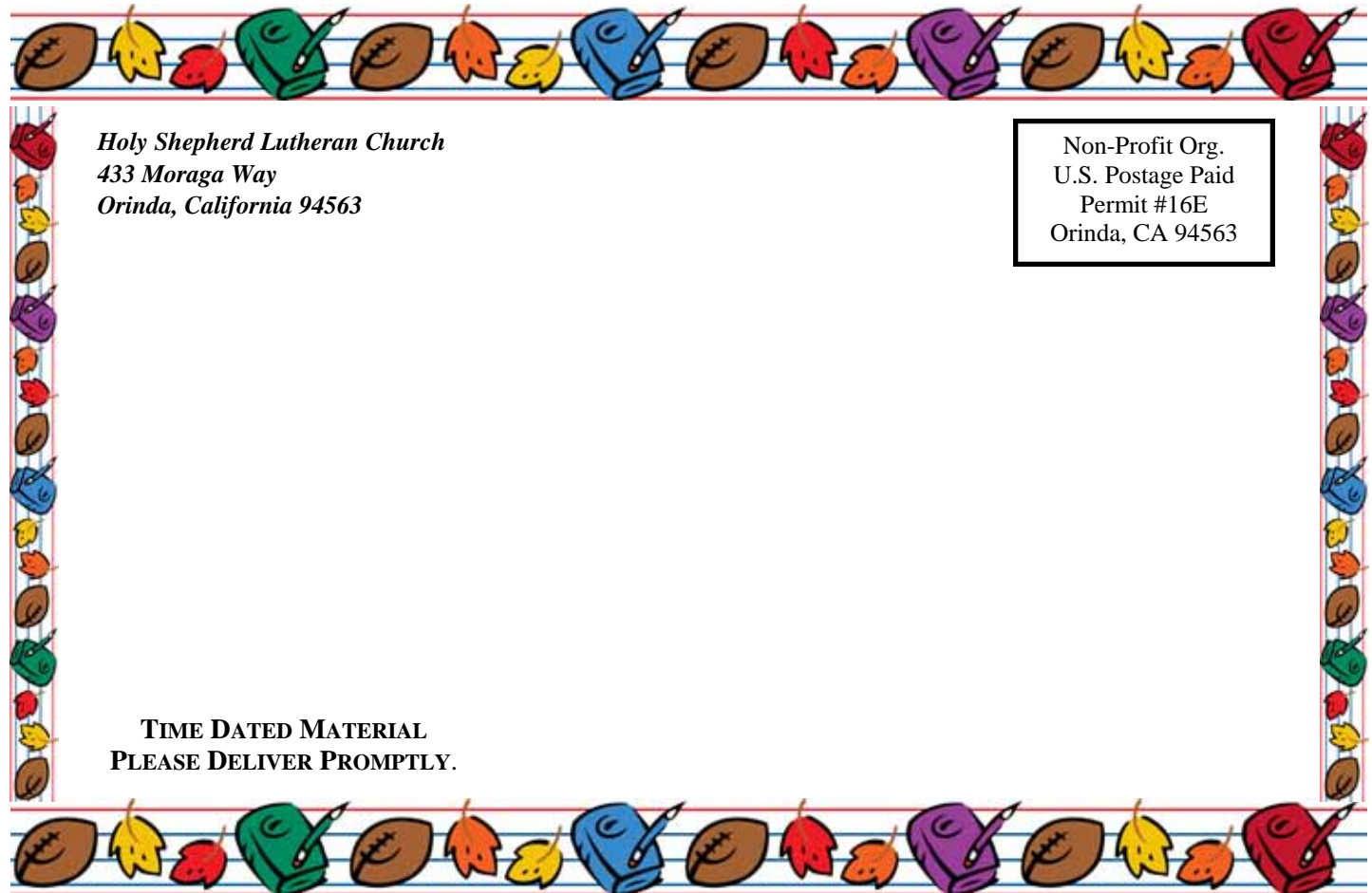
### Staff

The Rev. John B. Valentine  
Beverly Townsley  
Julia Hamre  
Carole Vetter  
Tom Henry  
Marc Levine  
Heather Hall  
Lisa Verley  
Linda Hudak  
Donna Benseler  
Susie Koeper  
Loren Schoenstein  
Elizabeth M. Hofinga  
Jill Kuykendall  
Cookie Bedford

Senior Pastor  
Assoc. Youth & Family Ministry  
Organist/Handbell Director  
Canticle Choir Director  
Spirit Borne Director  
Accompanist  
Children's Music Leader  
Office Manager  
Production/News Editor  
Financial Secretary  
Preschool Director  
Preschool Teacher  
Admin. Coordinator LARC  
Activity Coordinator LARC  
Activity Leader LARC

Church Office  
Church Office FAX  
Holy Shepherd Preschool  
Preschool Email  
Lamorinda Adult Respite Center  
LARC Email  
Web Site  
E-mail  
Church Office Hours

925-254-3422  
925-254-2462  
925-254-3429  
[preschool@holyshepherd.org](mailto:preschool@holyshepherd.org)  
925-254-3465  
[larc@holyshepherd.org](mailto:larc@holyshepherd.org)  
[www.holyshepherd.org](http://www.holyshepherd.org)  
[info@holyshepherd.org](mailto:info@holyshepherd.org)  
9:00 a.m. – 2:00 p.m.



**Holy Shepherd Lutheran Church**  
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Orinda, California 94563

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